

Running a Race from the Race Box- Prompt Sheet

Pre-Start:-

- Hoist the Orange flag when the line is set
- Attach **ALL** race control flags to the signal mast ready to hoist at the appropriate time
- Set timer to count down from 4 minutes – allows 1 minute to focus the mind
- When you are ready Start timer counting down and make the Warning signal at -03:00 minutes

Race Signal Sequence

Start sequence:-

Minutes on Timer	Visual Signal	Sound Signal	Meaning
First Start			
-03:00	Hoist the first to start Class flag	One hoot	Warning Signal
-02:00	Hoist Code 'P' or Black Flag	One hoot	Preparatory Signal
-01:00	Lower 'P' or Black Flag	One hoot	One minute to Start
-00:00	Lower first to start Class Flag	One hoot	Race Start signal

Second Start: (If applicable) As the first start Class Flag is lowered the second start Class Flag is hoisted

00:00	Hoist second to start Class Flag	One hoot	Warning Signal
01:00	Hoist Code 'P' or Black Flag	One hoot	Preparatory Signal
02:00	Lower 'P' or Black Flag	One hoot	One minute to Start
03:00	Lower second start Class flag	One hoot	Race Start signal
	Remove second start Class Flag- attach Blue Flag		

Individual recall:- Hoist Code 'X' One EXTRA hoot Lower after 2 minutes

General recall:- Hoist '1st Substitute' Recalled fleet starts last Two EXTRA hoots Lower 1 min. before Start sequence with one hoot

During the Race

- Complete the '**Race Data**' boxes on the Race Recording Sheet. (See Instruction Sheet)
- At the end of the first lap, record the **FULL** Sail Number and Class of each boat as it crosses the Start/Finish Line in the column headed '**Enter Full Sail Number**' on Race Recording Sheet

End of Race

- Well before the first boat to finish approaches the finish mark, hoist Code flag 'S' + two hoots
- Hand record the sail number (4 digits) and elapsed time of each boat as it crosses the line in the columns under the heading '**Record Results at End of Race**' on Race Recording Sheet.

DO NOT read finishing sail numbers across from the 'End of First Lap Sail Number' columns.

Primary Race Signal Flags



**Combined
Fleets
Warning**



**Handicap
Fleet
Warning**



**Laser
Fleet
Warning**



**Code 'P'
Preparatory
Signal**



**Code 'X'
Individual
Recall**



**1st Sub.
General
Recall**



**Code 'S'
Shorten
Course**